



# Transitional Housing Program

## WOMEN'S HOUSE



## MEN'S HOUSE



**Are you Leaving foster care with  
no place to go?**

**Call or Email us today!**

**989-391-4046 Email: [intake@riverjordaninc.org](mailto:intake@riverjordaninc.org)**

**Visit our website at [riverjordan.org](http://riverjordan.org)**

## Handbook Objective

This handbook serves only as a general overview and introduction of our transitional housing program. It was created to help you understand the structure of our program and its key components. Upon entering the program, you will be given a more extensive outline of the house rules and program policies and procedures.

## Eligibility Requirements

- **18 – 21 years of age**  
You may enter our program starting at age 18 up to your 20<sup>th</sup> birthday. However, we do not accept applicants for transitional housing over the age of 20. It takes at least a year to prepare yourself for transitioning to total independence.
- **Must be YAVFC/YIT (Young Adult Voluntary Foster Care/Youth In Transition) eligible**  
Not yet receiving YAVFC Benefits? No problem! If you are YAVFC eligible, then we can help you. Your worker will need to verify with us that you are in fact eligible and your application/request for benefits is being processed. You will not have to back pay your program fee, meaning you will not owe a program fee for the weeks you have been in transitional housing and waiting on your benefits. You can still be accepted in transitional housing and move in during the process of getting your YAVFC benefits.
- **Must be cleared of any criminal sexual offenses (As a minor and as an adult)**
- **Must not be actively using illicit drugs**
- **Must not have any pending criminal charges**
- **Dual wards (Juvenile Justice/Foster Care) are welcome to apply**  
This means if you are Juvenile Justice, you must also be Foster Care.

## What if I am Pregnant?

If you are pregnant or become pregnant during your stay in transitional housing, you are still eligible and welcome to stay in transitional housing until the day you deliver your child. In months or weeks leading up to the day of birthing your child, our team will be helping you get situated in your own apartment and will assist you in getting the things you need.

## Intake Procedure

- **Initial contact with us must be made by you**
- Our Resident Handbook, which outlines our transitional housing policies and procedures, will be emailed to you. This handbook can also be viewed on our website under Transitional Housing.
- After you have read through the Resident Handbook and feel our program is a good fit, you must contact River Jordan and set up an appointment with one of our Foster Care Peer Recovery Coaches, which will be assigned to you. You will be asked a series of questions in reference to this information handbook to verify that you have read and understand our transitional housing program.
- The assigned FCPRC will send you special instructions and an invitation to apply for transitional housing along with a request to meet in person for an assessment. These special instructions are regarding release of information through MDHHS or the child placing agency the client is

receiving services under. Some documents we will request are most recent mental health assessment, medical passport, currently prescribed medications, recent FTM report (family team meeting), most recent report from current placement, verification of YAVFC and YIT eligibility. **All documents requested must be turned before a willingness assessment can be scheduled.**

- Lastly, an in person, unsupervised willingness assessment will be conducted involving you and two RJI Foster Care Peer Recovery Coaches.

**A determination letter will be sent to you by email within two business days after the willingness assessment is completed.**

## **Required Documents**

You must provide us with the following documents during the application process. A determination will not be made until we have all the required information:

- Copy of an MDHHS or private agency completed Release of Information form with River Jordan Inc. as the recipient of information. You can obtain this document from your worker. This will be the first of all documents presented to us. You have the right to authorize the exchange of information of the documents listed below. This is the first and most important step. We can not move forward until we have this document.
- Most Recent Mental Health Report
- Last three (3) Family Team Meeting Reports
- Medical Passport
- A list of current medications prescribed
- Last Residential Placement Progress Report
- Education (school) Transcript
- Birth Certificate (If you don't have the original copy, then you will at least need to provide a photocopy of it)
- Form of picture identification (this could be a school ID, Placement ID, or an ID you can obtain from MDHHS. If you do not have either of these, let us know)

**Note: If you do not have all this information, we will help you locate what you are missing**

## **Services and Amenities Included with Transitional Housing**

- **Foster Care Peer Recovery Support**
- **Life Skills Training**
- **Case Management**
- **Transportation Assistance**
- **Around the Clock Support**
- **Linkage to Community Resources**
- **Free Wi-Fi**
- **Fully Furnished Room**
- **Laundry Facilities**

- **Temporary Food Assistance**
- **Temporary Personal Hygiene Products Assistance**
- **Free Cleaning Supplies and Toiletries**
- **YMCA Gym Membership** (as available)

## **Transparency of Service Limitations**

Although River Jordan Inc. desires to serve all individuals with transitional housing needs, service limitations do exist. For the safety of the potential resident, other residents, and staff the individual's cognitive, medical, behavioral, and mental health level of functioning will need to be determined as appropriate for our program. River Jordan Inc. does not provide 24/7 supervision, nursing services, medication dispensing, personal care services, clinical mental health services, guardianship, or payee services. Program appropriateness will be at the discretion of River Jordan Inc.'s house manager, program director, and case management team.

## **Code of Ethics**

It is our policy to provide access and to provide services without discrimination based on race, color, religion, creed, sexual orientation, or disability. RJ shall admit recipients to programs designed to fulfill RJ's mission. Pre-screening will be accomplished as appropriate. RJ seeks to encourage staff to perform in a manner reflecting competence and professionalism toward all recipients and healthcare providers.

## **Welcome!**

Welcome to our transitional housing program! You are finally out of foster care and ready to build your future as an individual. There is a sense of excitement, uncertainty, and fear all at the same time. For most of us it is a bitter/sweet moment because we have been taken care of the entire time we have been under the supervision of a worker, facility, staff, or foster home. We have been fighting our way through foster care, going from placement to placement, trying to follow all the rules of each facility, and foster home. Now it's time to leave. We have not even figured out our experience in foster care. Now we have to figure out life. Maybe we left already, hit a rock bottom, and realized we need support and can't do this alone. Life is much harder than we thought. For a lot of us, these times (transitioning) can be scary. So much to think about moving forward and if we are completely honest with ourselves, there is a lot we don't know and need help learning. How am I going to pay my bills? Who can I count on when I get stuck and need support? Who can I talk to when I am feeling lonely or depressed? Who can I trust? Who can help me take advantage of services like YAVFC and YIT? "HELP!" is what we are screaming on the inside. But on the outside, we are trying desperately to not seem weak to others. Especially while homeless and couch surfing. Doing so might indicate to others that you are slow or can't take care of yourself. Appearing to not have it together or be street smart among predators is extremely dangerous. Relax! This is the place (RJ Transitional Housing) where you can be completely open and honest about what you need and how we can help you. A place where you can admit that you don't know. It is ok to not be ok. In fact, if you do not tell us, how will we know how to help you? How can we teach you what we have learned so you don't have to learn the hard way like many of us have? One thing that is important for you to remember; River Jordan is foster care alumni founded and operated.

Our founder as well as our house managers and peer support all have lived experience in foster care, so we understand what you are going through.

### **River Jordan's Programs and Services are Recovery and Prevention based:**

This simply means we not only want to teach you life skills, help you find work, and help you build your future. You already know you are capable of fighting for these "things." You have been fighting most of your young life. We want you to **thrive** as an individual after leaving foster care. In foster care, we have learned some habits and coping skills that will not work in the society you are now entering. For every type of trauma, whether it be a physical trauma to your body, or the trauma of a broken heart inflicted on us by the ones we loved and trusted the most, there is a process called "recovery." For the body, it looks like medication for pain or inflammation management, a cast or bandage, or exercising joints and muscles until they get strong and useful again. For a broken heart or mental trauma, it looks like regularly seeing a therapist to help us learn how to see ourselves in a positive light, recognize our strengths and areas we need to grow in (every human has areas they need to grow in), help us manage our anxieties and depression so that we can function at our full potential. Yes, this sometimes look like medication for a time. Mental Health Self-Care is something for EVERYONE. All humans have experienced trauma in their lives in some ways. For us, our trauma has been inflicted on us at no fault of our own and, in a lot of ways, that is the worst trauma. We need to unpack that and work through it so we can enjoy relationships with others and take healthy life risks. When things don't go our way, we have the right tools to help us get through it. Besides the safety of all residents, clients and staff, our number one priority is mental health self-care. This not only ensures a safe working and living environment for everyone, but your mental health self-care is also the key to you thriving as an individual. There are things we require of you regarding mental health self-care.

### **Your First 30 Days**

When you first move into the house, especially if you have never lived in the area, things will seem a bit strange. And rightfully so. You have never lived in the area, you don't know anyone, the environment is completely new, there is no staff supervision, no foster parents, and the family or placement you left is miles away. The first few days can seem lonely, confusing, and dry. Although we as peer support are doing everything they can to help you feel comfortable, there is still a new sense of being on your own. This is another reason why we help you schedule a plan before you get here. Spending too much time isolated and left with your own negative thoughts can lead to depression, anxiety, and fear. A higher level of supervision in your first 30 days is how we will help you get acquainted with our program, your new surroundings, and getting you in the flow of adapting. High supervision, in the beginning, helps us get to know you and gives us an opportunity to assess your needs. During your first 30 days, the following guidelines must be followed:

- 12:00AM Curfew for 30 days
- Must notify your house manager if you will be away from the house for the entire day

#### **Curfew:**

**There is no curfew after your first 30 days.** However, we do ask, if you are leaving the house for overnights or days at a time, you let us know where you are going. We care about you and this is helpful information in case of an emergency or if something happens to you.

## **Nature of our Transitional Housing Program – High Accountability/Low Supervision. What does this mean?**

- **High Accountability (Always)**

When you have made your individual transition plan (AKA your blueprint), and have turned it in to us, our job (as your team) is to hold you accountable to the steps you will take to accomplish those goals and help you reach your full potential. It is also our job to help you identify barriers and obstacles that may arise and help you eliminate them. Often times, we can help you eliminate them before they even happen. In addition to holding you accountable to your ITP, we hold you accountable to our policies, procedures, and house rules. Any house you live in has rules, whether it be an RJ transition house or the house of someone that is letting you sleep on their couch. They will hold you accountable to those rules if you are sleeping under their roof. It is best to have a complete understanding of those rules before you accept an offer to live with them. Therefore, we encourage you to read this book thoroughly and ask questions.

- **Low Supervision after your first 30 Days**

This means we are not trying to run your life or monitor you. We are not watching your every move. You are an adult and you will be making adult decisions everyday on your own. We don't tell you when to eat or what to eat, where to go when you leave the house, who to associate yourself with, we are not looking over your shoulder, following you wherever you go, calling you and texting you constantly to know your whereabouts, calling your caseworker behind your back, looking through your phone or making sure you are paying your bills. You are an adult and we only here to help you accomplish your goals and thrive as an individual.

- **Security and Video Surveillance**

Our transition homes are under 24-hour video surveillance both outside and inside the home. This is for the protection and security of everyone in the home including volunteers and staff. There is no video surveillance in private areas such as your bedrooms and bathrooms.

## **Not yet receiving YAVFC Benefits?**

No problem! If you are YAVFC eligible, we can help you. Your worker will need to verify with us that you are in fact eligible and your application/request for benefits is being processed. You will not have to back pay your program fee, meaning you will not owe a program fee for the weeks you have been in transitional housing and waiting on your benefits. You can still be accepted in transitional housing and move in during the process of getting your YAVFC benefits.

## **What are my obligations to the program?**

### **Mental Health Self-Care/Foster Care Recovery Fellowship/Life Skills:**

All residents of transitional housing **must** actively engage in mental health self-care and Foster Care Recovery. What does this mean?

## Mental Health Self-Care

- All residents of transitional housing must seek and provide to RJJ a mental health evaluation from a mental health professional. The only exception is if you had a recent mental health assessment prior to applying for transitional housing, actively taking your medication as prescribed, and seeing a therapist regularly. For those who have chosen to stop counseling, and/or taking their medications as prescribed by a therapist prior to applying for transitional housing, you must provide RJJ with documentation from your therapist that you no longer need counseling and/or take medications previously prescribed by your therapist. If accepted in transitional housing, you must seek and provide RJJ with the results of a mental health assessment within 30 days of your stay in transitional housing. We encourage you to find your own therapist for this assessment. We will be happy to assist you in that process. Failure to provide this documentation within 30 days will result in termination of our transitional housing program until required documentation is provided. All residents will be asked to read, understand, and sign our Mental Health Self-Care Agreement prior to acceptance in transitional housing. Failure to do so will disqualify you from transitional housing.

## Foster Care Recovery Fellowship

- Foster Care Recovery Fellowship is a closed group of men and women who have lived foster care experience. These are people who are currently in foster care and people who were in foster care at some point in their lives. The group meets on Zoom and in person on Wednesdays at 7pm to 8:15pm. **You are required to attend at least two meetings per month (bi-weekly) if you are working and/or going to school. If you are not working and/or going to school, you are required to attend every week.** If you are attending via Zoom, you are required to be visible on your camera, so we know that you are in attendance the entire meeting. You will receive a Zoom link to join the meeting virtually. **It is your responsibility to attend.** After your first 30 days in transitional housing, reminders will not be sent. Failure to attend will result in a verbal written warning for the first time, followed by a written notice for the second time.

## Life Skills

- If you are entering transitional housing without a job or going to school, you will be required to attend our resource center from 10am to 3pm, Monday through Thursday. During this time, you will be working one on one with our Life Skills Coordinators to build your future. You will be working on one or more components of the 7 life domains. You will be required to continue this schedule until you have secured employment or are actively going to school. If you are going to school at least part time and/or working, then you will be required to complete at least 8 hours per week of life skill trainings. You are free to schedule these appointments anytime between 9am and 5pm Monday through Thursday. For example, you can schedule one 8-hour day and be done for that week or you can break up your hours during the week as you wish (for example: 2 hours per day for 4 days or 4 hours per day for 2 days). **You must keep your appointments.** If you are unable make it to your appointment, then you must call in prior to your appointment by calling our office and rescheduling. You must provide documented

proof of why you missed your appointment. Missing your appointment is only excusable if you are sick, working, appointment with your worker, court, or things of this nature. Forgetting or oversleeping is not excusable.

## Zero Tolerance Policies:

- **Zero Tolerance of Aggression**

River Jordan does not tolerate any aggression towards staff, volunteers, residents, clients, or our neighbors. We are committed to the safety of everyone, including you. Therefore, we have Zero Tolerance of Aggression. This is a high accountability, low supervision program and sometimes being held accountable is irritating. Signs of aggression is taken seriously and will be addressed early on. We expect you to respectfully communicate your differences and voice your concerns and opinions without making verbal threats, yelling, cursing, and displaying threatening and intimidating behavior. Our course of action includes **one warning** depending on how severe the aggressive behavior is. **Threats of bodily harm will result in immediate termination of transitional housing. You will be asked to leave the same day of the incident if you have made physical threats to someone or have committed any kind of physical assault.** Law enforcement will be called to remove you from the property if you refuse to do so on your own. **All physical assault will be reported to law enforcement.**

- **Zero Tolerance of Illicit Drug and Alcohol Use**

Illicit drugs are illegal drugs and drug use that are not prescribed to you by a doctor. All transition houses provide a safe drug and alcohol-free atmosphere. This means we do not tolerate illicit drug and alcohol use. You will be asked to give a urine sample for a drug screen if we suspect illicit drug use and a breathalyzer screening if we suspect alcohol use. Refusal to provide any of these samples will be documented as a positive test result and you will be asked to leave the program. If you give a sample that comes back positive for illicit drugs, you will be asked to seek inpatient addiction treatment. If you choose inpatient treatment, your bed will be held for the duration of your stay up to 60 days unless you have made other living arrangements upon your release and decided not to come back to transitional housing. Although legal for people over the age of 21, **our agency classifies marijuana use as engaging in illegal activity for those under age 21.** Law enforcement will be notified should you be found with illegal drugs in your possession at our transition house.

## Verbal Written Warning/Written Notice

### Verbal Written Warning

- Verbal Written Warnings are documentation that an RJI staff spoke with you about a program violation or behavior that will result in a Written Notice if the behavior continues. The purpose of the written verbal is to help bring awareness to an issue of concern so the behavior can be corrected before it leads to much bigger problems such as being terminated from the transitional housing program. Verbal Written Warnings are weaved between Written Notices. Major program violations and behaviors do not require a Verbal Written Warning as a course of corrective action.

## Written Notice

- Written Notices are detrimental to your stay at transitional housing. Three Written Notices will result in you being put on a 30-Day Separation Agreement in which you must leave transitional housing for a period of 30 days. Verbal Written warnings usually come before Written Notices. Major program violations and behaviors will result in a Written Notice and do not require a warning. After your second Written Notice, an emergency FTM (Family Team Meeting) with your worker, RJ Peer Support, mentor, parents, or anyone in your circle of support is scheduled. All written warnings and notices, events of concern that were logged by your house manager, and case notes will be discussed at that time. A corrective plan of action will be made at the time of this meeting and an understanding of our 30-Day Separation Agreement policy will be made clear. Upon a third Written Notice, you will be asked to leave the program for a period of 30 days. Your separation agreement will outline what is required of you during the separation period. If you have followed the terms of your separation agreement, you will be invited to re-enter transitional housing. If you acquire two more Written Notices, you will be terminated from the program indefinitely and will be placed on intensive outpatient services and support if you choose to allow us to help and support you.

## 30-Day Separation Agreement

- A 30-Day Separation Agreement is put in place to give you time away from transitional housing and to think about if our program is right for you. During this period, your bed will be put on a hold. You are still required to pay your program fee as scheduled during this time. Your separation agreement will include the things you need to do in order to come back after the 30-day period. If you have been put on a separation agreement, it is most likely because you have derailed off your individual transition plan. Your separation agreement will most likely include the items on your Individual Transition Plan (ITP). During this separation, you must continue with Foster Care Recovery Fellowship meetings, therapy, and medication (if applicable), and life skill training obligations. The agreement also states that you must let RJ staff know if there are any barriers and obstacles that may stop you from being able to follow the conditions of your transition plan and separation agreement. This is so we can help and assist you in any way we can, so you don't miss out on opportunities and/or get off track again.

## Individual Transition Plan (ITP)

- An outlined ITP must be made before you enter transitional housing. These topics will be Employment, Health and Wellness, Education, and Housing. A more comprehensive and detailed ITP will be made during your first week as a resident. This is your road map to a successful transition. **You will make mistakes along the way so remember, easy does it.** Your ITP is your vision of how you want your life to look when you leave transitional housing. For example: How much money do I want to have in the bank? Am I meeting my employment and education goals? Do I need reliable transportation? What are my housing goals? Do I want to own or rent? Do I want to start a business? And so on. Anything you want to accomplish starts with a plan. RJ staff will not make your ITP but

we will assist you in making your own. We will help you sort out what's real and what's not at the moment, what's doable in the timeframe you wish to stay and what is not. We will make suggestions, give input, and guide you but we will not create your vision for your life. Our primary function as members of your team is to help you recognize barriers and assist you in eliminating those barriers that will get in the way of you accomplishing your goals. Drafting an ITP is serious business. It is your blueprint. It is your life and how it will look at the end of 18 months of transitional housing with us. The most common barriers is us as individuals. How we think, our lack of confidence, internal and external conflict, and not addressing our mental health. Being actively involved in the process of recovery from foster care is key. It helps us grow, get our minds right, and put things in its proper perspective. Once your ITP is made, our staff will hold you accountable to it and help you stay on track. Another key factor of success is communication. It can be difficult at times to reach out for help but because your life depends on it, you must say what needs to be said so you can get the help you need. Every three months your RJJ team will sit down with you and go over the status of your ITP. We will discuss where you are at and you will let us know the changes you want to make if any. ITP goals are accomplished a little at a time. Rushing will cause you to miss important details and can also cause you to get discouraged to the point of giving up.

- **Maintaining ITP minimum Requirements** – You are required to maintain eligibility in both transitional housing and YAVFC/YIT. Failure to do so will result in termination of transitional housing. The following are minimum requirements to maintain eligibility.
  - **Maintain at least part-time employment of 80 hours per month.**
  - **Maintain part-time enrollment in a University, Community College, or Vocational School.**
  - **Actively completing a high school diploma or GED**
  - **Actively engage in RJJ Life Skill trainings**
  - **Actively engage in mental health self-care**

## **Program Fee**

- You are paying to use our transitional housing program and services. **This is not rent.** Your program fee of **\$150.00** is due every two weeks. It must be paid to the RJJ administration office on the day it is due. It is your responsibility to pay your program fee on time. Failure to pay on time can result in a written verbal warning. Failure to pay at all will result in termination of the program. Prior to admission, your financial obligation to the program will be arranged, outlined, and reviewed with you.

## **Does River Jordan provide meals?**

No. River Jordan does not provide or prepare meals. If you are not receiving food assistance, our life skills coordinators will help you sign up for food stamps through MDHHS. We will also help you link up with community resources that will temporarily assist with food. River Jordan often receives gift cards to help our new residents buy food when they first enter our housing program. This is not always available. **When available**, we will assist you with up to \$200.00 in groceries. This is a one-time assistance payment. We suggest that you speak with your MDHHS worker or MYOI worker prior to coming to River

Jordan about food assistance. Your case worker, MYOI worker, or foster care worker may be able to assist you with grocery store gift cards.

## How long Can I Stay?

Your length of stay is your decision. Our transitional housing is a recommended 18-month program with a minimum recommendation of 12 months. This allows you plenty of time to learn, grow, and prepare for living on your own. However, you can choose to leave the program whenever you want. **This is not a placement and you are an adult** that is choosing to be in a transitional housing program until you learn some life skills, get familiar with being independent, save some money, build consistency, and get on your feet. If you are about to turn 18 and reading this, trying to decide where you want to go after you leave foster care, we strongly suggest you contact us and set up a tour of our program before you decide to apply. You are welcome to spend the day with us, get to know us, and ask questions.

## How do I know when it's my time to transition out on my own?

There are a few different ways to determine when you are ready to be out on your own.

- **Overwhelming irritation with accountability** – During your first week, we call it the “Honeymoon” stage, you are happy to be out of foster care and somewhat on your own. During the application and assessment process, you hear the information about the program, but for some people, they have not internalized it and really understand what their responsibilities to the program and their ITP are. Your mind is preoccupied with making the transition from placement to River Jordan happen. You don't ask questions or give much thought to what's required of you when you come here. You are preoccupied with the freedom of leaving foster care. When this honeymoon stage wears off, you are faced with having to wake up in the morning, come to life skill appointments, foster care recovery fellowship meetings, peer support sessions, and other obligations within your ITP. For some, it is irritating to the point they get angry at those who are here to help. Anger then turns into showing signs of aggression and from showing signs of aggression, it turns into acting out with aggression. This is a for sure sign that our program is not what you have in mind for your life.
- **When you feel you no longer need the program** – We are here to help you get to a place of self-sufficiency and the time it takes to get there looks different from person to person. There are things you should have in place before you try to make a go at it independently. For example, you should have money saved up and working at a job consistently and that job should support your living expenses. There are also life skills you should have before you get out there on your own. Whether we recommend your transition to independence or not, it is up to you to decide when you are ready. As scary as it is to make that leap out of the nest, you can rest assure that River Jordan will be there for you. Outpatient support is our lifetime commitment to all our clients including you. If you leave transitional housing against our recommendation, that does not mean you are “kicked out” of River Jordan. It just means you have left transitional housing and are no longer living under our roof. We are happy to provide you with all other services and support. **If you are still eligible, have left transitional housing with respect and have not caused major problems while in the program, you are welcome back if things don't work out on your own.**

## What do I need to do to prepare myself for transitional Housing?

Before you are accepted into transitional housing, we strongly suggest that you make your worker aware of your interest in applying. Your worker's involvement is crucial to your success and to you being accepted in transitional housing. We also strongly suggest that you work with your worker and not against them. Your worker is the liaison between your YAVFC and YIT benefits. Your worker also has the information you will need to give us when you are applying for transitional housing. We suggest that you are persistent in getting the documents you need. Other ways you can prepare yourself is by writing your vision. Things you should be writing down: Where do you see yourself in the next 12 months? How do you plan to accomplish those goals? Make these small goals obtainable. How do you eat an elephant? One bite at a time. This is a time to create a sketch of what you want your future to look like. River Jordan will help you turn that sketch into a blueprint.

## Confidentiality

Your confidentiality is top priority and so are the other enrollees of our program. At no time are you allowed to tell others in the community or other RJ clients about another client or resident's participation in River Jordan's program. Doing so is a violation of that person's privacy. **This rule violation is taken very seriously and will result in a Written Notice without warning.**

## Conclusion

This is an adult program for people who have aged out of foster care. That means you are at least 18 years old and will be held accountable as an adult within our program and outside in the community. You will also be treated with dignity and respect and we expect you to treat our staff, volunteers, and other clients the same. Although you may be receiving YAVFC benefits, you are no longer in a residential or foster home placement. Our transitional housing program does not mirror a placement. You are not being staffed. It is an affordable housing program option for those who have aged out of foster care and want to be here. You have decided to come here because you want the benefits this program has to offer. Let's get started on building your life after foster care!



**#fostercarerecoveryisathing**